

# ***At Touch Companies...***

*We are always searching for products and services that will benefit **your** over-all health and well-being!*

## ***VacuTherapies™***

*A pleasant and gentle, non-invasive technology that achieves powerful results in:*

- *Pain relief*
- *Joint mobilization*
- *Lymph drainage*
- *Detoxification*
- *Releasing tight, contracted muscle tissue*
- *Scar Tissue reduction*
- *Assisting with weight loss programs and surgeries*
- *Cellulite reduction*
- *Skin toning and firming*
- *Contouring the face and body*
- *Pre and post-operative therapy to shorten recovery time and enhance results*



*Acclaimed by healthcare professionals around the world, VacuTherapies™ are used to stimulate arterial and venous blood flow along with lymphatic circulation. The vacuum lifts and releases rigid soft tissue, as well as scars, adhesions and restrictions. By clearing debris, creating drainage, and easing limited movement, these incredibly effective techniques relieve pain and enable the body's return to homeostasis to promote healthier tissue. For additional information go to **medicupping.com** or call Touch Companies at **(847) 318-9474***

*Individual and Package pricing is available. Call to schedule your appointment.*

# ***The goal of prevention is to avoid becoming a patient.***



*10225 W. Higgins Rd.*

*Rosemont, IL 60018*

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## **VacuTherapies™ for Medical ailments...**

*This therapy is quickly becoming known for beneficial effects on conditions such as:*

- *Fibromyalgia and other auto-immune issues*
- *Sprains, strains and tears*
- *Diabetes*
- *Vascular issues - spider veins and varicosities*
- *Lymphedema - general and post surgery (i.e. breast cancer and lymph node removal)*
- *Scarring - old and new, post surgery, stretch marks*
- *Plantar Fasciitis, compartmental syndrome*
- *Deep tissue and structural issues-old injuries and chronic movement patterns*

*This therapy utilizes a machine with glass or plastic cups to create suction on the body surface. These cups are moved over the skin using gliding, shaking, popping and rotating techniques while gently pulling up on the cup, or are parked for a short time to facilitate joint mobilization or soft tissue release. This suction reaches deep into the soft tissue, attachments and organs and also has a sedating effect on the nervous system. Another benefit is to pull inflammation and toxins from the body tissues so that the skin and lymphatic system can readily eliminate them. .*

*One of the most amazing aspects of this technique is the "separation" that the vacuum produces in tissue layers. This enables water absorption and renewed blood flow to undernourished and dehydrated tissue, which is invaluable in pre- and post-surgery treatments. It is evident that separation of fused, congested soft tissue and increase in tissue function can be a catalyst for change in many current health conditions.*

## **VacuTherapies™ and Athletic Performance Enhancement...**

*For professional athletes and all active people...*

*Treatments may be done once for a current issue or can be done in a series of sessions to resolve chronic conditions. Results are achieved quickly, with comfort for the client and ease for the practitioner.*

*Sessions can be from 1/2 hour to 1 1/2 hours. This depends on whether the modality is integrated into another therapy or done independently. These treatments are very relaxing, with nervous system sedation and metabolic stimulation combined. The sensations are soothing...yet very deep, depending on the condition being treated.*

- *Deep tissue therapy /joint mobilization can be accomplished with ease and comfort.*
- *Lymphatic drainage can be achieved quickly and effectively.*
- *Support of medical procedures and surgery for orthopedic and sports issues.*
- *Shorten recovery times from events and injuries.*

*Practitioners can easily integrate this "add-on" service into existing treatments.*

## **VacuTherapies™**

### **Body Contouring and Cellulite Treatment...**

*Our bodies are a "walking history" of our lives...Every injury, illness, surgery and even the toxic substances that the body has been exposed to from conception forward may still be present in the tissues. The body is brilliant in its efforts to protect itself from the effects of personal history, yet the capacity is limited. **The body has to store that which it cannot process and eliminate.** The result is an accumulation of materials such as old medications, inflammatory agents, cellular wastes and acids in stagnant lymph fluid. Ever wonder why cellulite can be so painful to the touch?*

*Each body reacts uniquely to this accumulation of debris and stagnation, and we see examples of degeneration occurring at younger ages more than ever before. Ordinarily healthy people become fatigued and sluggish due to the cumulative effects of their lifestyle and eventually move into the "**dis-eased**" state. This may help to explain the high level of auto-immune disorders that exist. Body contouring and cellulite treatments takes on a whole new meaning as bodies begin to function and maintain homeostasis*

**WHAT IF...** *we could clear out the debris at a systemic level and all the way down to the cells?*

**WHAT IF...** *we could re-introduce healthy blood flow and nutrition to the cells tissues and organs?*

**WHAT IF...** *we could release old injuries, scars and compensatory patterns that our bodies adopted?*

**WE COULD...** *then move into a state of health with our systems functioning at their optimal level!*

*This therapy supports surgery such as; plastic, reconstructive, liposuction, Bariatric, and many more. Package pricing with G.M. Collin home care available.*



# VacuTherapy™ Pricing

## Individual Pricing

15 minute Add-On.....\$25  
30 minute Therapeutic.....\$50  
60 minute Therapeutic.....\$90  
30 minute Face Lift.....\$60  
30 minute Cellulite.....\$60  
60 minute Body Sculpting...\$100

## Face Lift Package

Package of 8 - 30min Sessions  
Scheduled within 8 weeks.

Week 1 - 3 Sessions  
Week 2 - 2 Session  
Week 3 - 1 Session  
Week 4 - 1 Session  
Week 8 - 1 Session

Org Price...\$480.00  
**Package Price ...\$408.00**

## Body Contouring

Package of 8 - 60min Sessions  
Scheduled within 12 weeks.

Week 1 - 2 Sessions  
Week 2 - 2 Sessions  
Week 3 - 1 Session  
Week 4 - 1 Session  
Week 8 - 1 Session  
Week 12 - 1 Session

Org Price...\$800.00  
**Package Price...\$680.00**

## Therapeutic Package

Package of 5 - 30min Sessions  
Scheduled within 7 weeks.

Week 1 - 2 Sessions  
Week 2 - 1 Session  
Week 3 - 1 Session  
Week 7 - 1 Session

Org Price...\$250.00  
**Package Price ...\$212.50**

## Cellulite Treatment

**Combined with GM Collin Home Care**  
(Value \$85.00)

Package of 5 - 30min Sessions  
Scheduled within 8 weeks.

Week 1 - 2 Sessions  
Week 2 - 1 Session  
Week 4 - 1 Session  
Week 8 - 1 Session

Org Price...\$385.00  
**Package Price ...\$300.00**

**Packages are ideal for creating proper space and encouraging optimal lymphatic flow.**

**The sequence of visits are based around your body's ability to heal and repair itself.**